## KEEP ON KEEPING ON! CARD OF ENCOURAGEMENT

## Instructions

- 1. Decide who you will send your Card of Encouragement to. See the *Keep On Keeping On!* study guide for suggestions, or ask God to remind you of who might need encouragement.
- 2. Pray! Ask God to guide you as you make decisions about what to include on your card.
- 3. If you are sending your card overseas to someone experiencing persecution, do some research and make sure you follow ALL the instructions and advice given by the organisation you choose. Both Open Doors Australia (https://www.opendoors.org.au/getinvolved/writingcampaign/) and Voice of the Martyrs Australia (https://vom.com.au/write-prisoners/) have this type of information available on their websites.
- 4. Print off and cut out as many Cards as you would like to make. If possible, use cardstock instead of paper.
- 5. Choose a verse from the following to write on the blank side of your card.

Deuteronomy 31:6 Jeremiah 17:7–8 Romans 15:13

- Psalm 23 Psalm 100:5 Matthew 11:28–29 Hebrews 12:3
- Psalm 32:7 Proverbs 3:5 Philippians 1:3–6

- 6. You may like to use decorative fonts and plan your artwork/lettering before you begin. Remember: this card may end up being a keepsake for the person you send it to. Keep your artwork hopeful and a reminder of God's goodness.
- 7. On the lined side of the card write a short message for the person receiving your card. Here are some things you might like to include:
  - a. Let them know you have been praying for them.
  - b. Tell them you will continue to pray for them (but only if you truly intend to do so).
  - c. Thank them for their witness following Jesus and the work they do for God.
  - d. Encourage them to keep on trusting God, even if things get tough.
  - e. Remind them of God's love and goodness.
  - f. Add some extra Bible verse references that you feel are relevant to their particular situation.
  - g. Sign your name (unless you wish to remain anonymous). There is no need to include your address. For cards being sent overseas just a note to say where you are from is enough and will be very special (for example, Sam Crinkle, Darwin, Australia).
- 7. If you are mailing your card to someone overseas **get an adult to check** that your letter is OK and the content is appropriate before it goes in the post. We want to encourage our Christian brothers and sisters, and not cause more trouble for them.
- 8. When you are finished you may decide to laminate the card to protect it.
- 9. Place the card in an envelope, address it and pop it in the post. Yes, even if it is a local friend you are encouraging! There is something special about receiving a letter of encouragement in the mail. If you are posting overseas make sure you get an 'Airmail' sticker too.
- 10. Pray for protection for the card in the mail, and that it will bring encouragement to the person receiving it.

